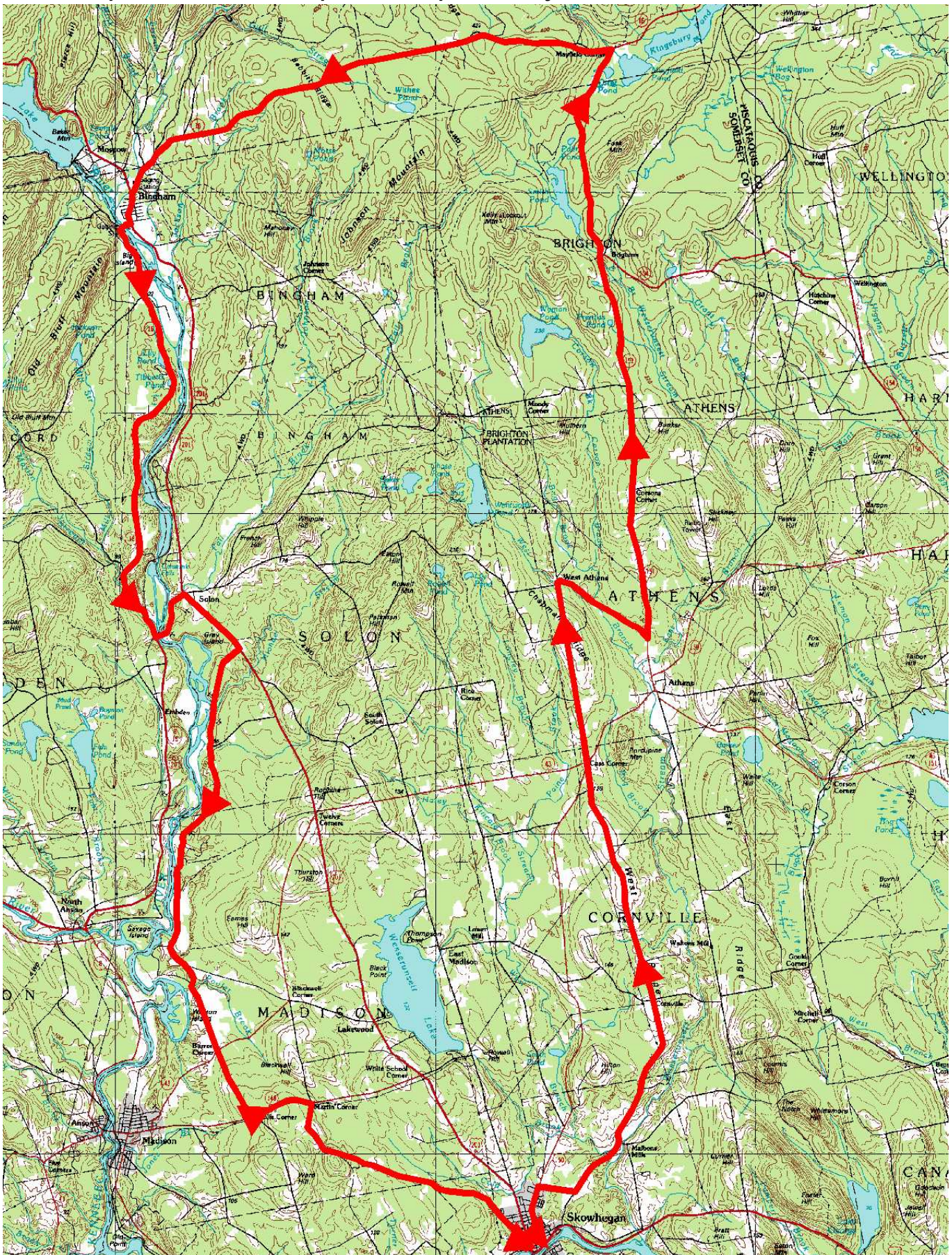


# 67 Bike Loop – Varied terrain, steep hills, for experienced cyclists



		67-mile ride		
0.0	R	Leavitt Street	0.2	Leavitt Street is first right north of parking area from US 201
0.2	L	ME 150/North Street (unmarked)	1.0	
1.2	R	Dr. Mann Road	0.7	
1.9	L	Malbons Mills Road	1.3	
3.2	BL	West Ridge Road	7.7	Bear Left where Notch Road Forks to right. Malbons Mills Road becomes West Ridge Road here. No Shoulder.
10.9	R	ME 150 (Beckwith Road)	0.1	
11.0	L	ME 43 (Shadagee Road)	0.0	Immediately turn right on Chapman Ridge Road
11.0	QR	Chapman Ridge Road	3.6	
14.6	R	Valley Road	2.0	
16.6	L	ME 151 (Brighton Road)	11.7	Turn right for 0.6 mi to Athens village. Convenience store located here. This is the last store until Bingham (22 miles). No shoulder on ME 151. Watch for moose.
28.3	L	ME 16	10.2	At stop sign. Caution: Long steep hill on ME 16 just after turning the corner. Warning: Steep descent into Bingham (10% grade). Logging trucks move at high speed; pull off road when one is coming up behind you.
38.5	L	US 201	0.6	At stop sign. Enter Bingham village. Services available except bicycle repair.
39.1	R	ME 16 (Bridge Street)	9.0	Cross Kenebec River
48.1	L	US 201A (Ferry Street)	1.1	Cross Bridge. Campground and picnic area on right.
49.2	R	US 201	1.5	At stop sign. Caution: US 201 has heavy traffic including trucks. Convenience stores on this section.
50.7	R	River Road	8.4	
59.1	S	Old County Road	1.4	Cross ME 43 at stop sign.
60.5	L	ME 148 (White Schoolhouse Road)	1.1	Paved shoulder. Caution: Heavy Traffic.
61.6	R	Russell Road (4-way intersection)	4.7	
66.3	S	Bennett Ave	0.8	
67.1	L	Pleasant Street	0.1	
67.2	S	Cross US 201 to starting point		End of Ride