

# Parent 2 Parent Group



**Enjoy some grown-up time with other parents!**

- ▶ Informal and welcoming
- ▶ Fun activities and refreshments
- ▶ Hear how other parents handle their own parenting challenges
- ▶ Share and get new ideas
- ▶ Get great ideas from our guest speakers!

**Want to join us?**

This FREE group is for any parent or caregiver of children ages birth through 18. Childcare is not provided at this time.

**Day:** Second Tuesday and Forth Tuesday of every month

**Time:** 5:30pm—7pm

**Location:** Centenary Methodist Church, Dr. Mann Rd ,Skowhegan

**Guest Speakers: (First Tuesday of every month)**

September—Deb Rich (Personal Body Safety)

October—Alice Miller (Nutritional Snacks baking)

November—Harvest Festival Dinner—Family Event (Diane B—GEAR)

December—Sean Landry (and puppet) Winter Celebration, family event



For more information, contact Anne at 207-859-2521 or [aosolinski@kvcap.org](mailto:aosolinski@kvcap.org) or Kristen P at [kristenp@kvcap.org](mailto:kristenp@kvcap.org)

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